

# fabric

JUNE 2007 £3  
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**LET'S GO  
OUTSIDE**  
THE BEST  
GARDEN GOODIES  
- FURNITURE  
SCULPTURE  
AND MORE

**HOW TO  
DECORATE**  
YOUR RENTAL  
PROPERTY

**FIRST CLASS  
MALE**  
BAMFORD'S  
GORGEOUS  
ORGANIC  
MENSWEAR

INTRODUCING  
**THE FABRIC  
AWARDS**  
LONDON'S  
BEST SHOPS  
& SERVICES



**BE A BEACH  
BABE**  
WITH OUR FANTASTIC  
SUMMER  
BODY SPECIAL

**DRAMA  
QUEEN**  
WHY DREW  
BARRYMORE  
HAS DECIDED  
TO EXPLORE  
DARKER ROLES

**STRIKE!**  
MATTHEW FORT  
GOES BOWLING  
(AND DINING)  
AT ALL STAR LANES

**BIGGEST  
ISSUE EVER WITH**

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PROPERTIES  
TO BUY & RENT

# THE HOT LIST



## SWEATY BETTY

SWEATY BETTY, 35 HEATH STREET NW3 (020 7794 2914); SELFRIDGES, 400 OXFORD STREET (020 7318 3362). WWW.SWEATYBETTY.COM

Even if you didn't go for the burn in the 80s, you'll be interested to know that the look – sweatbands, legwarmers and (at the time) scary hair – has been given a funky update by activewear specialist Sweaty Betty, with big tops and flattering pants in contemporary

shades. Or hit the sands in Beach Betty – if you fancy your beachwear with a soft retro twist, you'll love this mix of girly polka dots, nautical stripes and graphic floral prints for a hint of nostalgic glamour. From £12 for a vest.



## PRIM

PRIM, 2 ERSKINE ROAD NW3 (020 7586 6366/WWW.PRIMUK.COM)

Give your feet the summer makeover they deserve with a visit to just-opened manicure and pedicure specialists Prim. Step into the relaxing environment (monochrome with Philippe Starck perspex chairs, and a dash of red), and choose the service to suit you – from a quick file and paint spruce up, to a pampering spa pedicure. Naturals are big for the beach, along with a hot matt silver by Essie, says owner Jo Barnett.



## BEAUTYTREATS

LONDON MEDICAL CENTRE, 142-146 HARLEY STREET W1 (07969 634394/07969 634480)

And now you've got the perfect beach body, don't forget a little bit of summer nip and tuck. Specialist dermatologist Anastasios Stavrakoglou has just opened a new clinic offering wrinkle therapy (Botox to you and me, from £240), cosmetic fillers, and peels. If, rather than 'surgically enhanced' you'd like to look as good as you can for your age and restore your skin to optimum condition, Tasos (as he's known) is your man. He also offers a mole-checking service.



**we love...**

...Jane Carr's limited-edition cotton beach towels printed with her distinctive bright graphic designs – perfect for making a chic statement poolside.

£245, FROM WWW.JANE-CARR.COM