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SPECIAL PREVIEW

NEW
season
trends

FASHION HOW
TO WEAR IT

BEAUTY WHAT'S
RIGHT FOR YOU

10 things that flatter
every woman

DINING IN
FIVE ingredients
= stylish SUPPERS

Your to do list...

- Turn junk into cash
- Clean up your PC
- Find your relax button!

**TOO
MUCH
STUFF?**

25 ways to
sort it, store
it and hide it!

TWIGGY

"Being young isn't
about age, it's about
being a free spirit"

8 NO-DIET
TRICKS
to lose weight

**WORK
EXPERIENCE**
for grown-up
women

w&h
DEALS
20% OFF AT
PHASE EIGHT*
25% OFF AT TOP
RESTAURANTS*
*TERMS & CONDITIONS APPLY

DECLUTTER
your **LIFE**
It's time to simplify things





STAND AND DELIVER
Enjoy tea with your friends – a fab cake stand will really set off the cupcakes! £25, in store at Paperchase, (020) 7467 6200.

TIME FOR TEA
Brush up on your tea-taking etiquette, and indulge in 45 delicious recipes with *Tea At Fortnum & Mason* (Ebury, £10), out 7 October.



choose the best
CHUNKY CHAINS
Gold is big news and what better way to show it off than with this chain and bead combo? £25, marks andspencer.com.

OUR favourite THINGS



Prepare for the season ahead with Sue's pick of the things she's looking forward to

FABULOUS FRAGRANCE
A perfect scent for cool evenings – a collaboration between Roja Dove and the V&A Museum. Diaghilev, £75, vandashop.com.



GLAM GLOVES
Long gloves offer warmth and such sophistication, £216, jane-carr.com.



NUDE MOOD
So pretty. OPI Nail Lacquer in Coney Island Cotton Candy, £9.95. Estée Lauder Pure Color Nail Lacquer in Surreal Violet, £12.

POSH PARTIES
This fab china will make a table look so special. Peacock china range, from £7 for a soup plate, houseoffraser.co.uk.



BAGS OF STYLE
A neat designer satchel bag – the latest must-have shape for autumn. Neely bag, £650, mulberry.com.



SCARLET WOMAN!
Dark red lippy says instant glamour. Lancôme L'Absolu Rouge in Caprice, £18.50. Rouge G de Guerlain in Gwen, £27. w&h

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